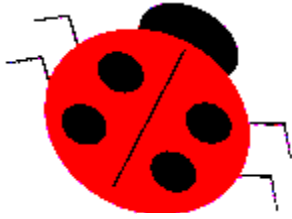


BURNS UNIT

Salisbury District Hospital



B.U.G.S. AUTUMN 2005 NEWSLETTER

Registered Charity No:
1052284 B.U.G.S.
Fund Number 1223

To contact B.U.G.S. write to: Sister Janet Tromans or Staff Nurse Sue Smith,
B.U.G.S.
The Burns Unit, Salisbury District Hospital,
Salisbury, Wilts, SP2 8BJ.
or Telephone: (01722) 336262 Ext 2550
Find us at: www.bugssalisbury.co.uk

If you think your relative or child would benefit from any of the opportunities offered by B.U.G.S. please write to Sister Janet Tromans at the Burns Unit.

***Would you like to become a B.U.G.S. volunteer?
If you would like more information please get in touch with Sister Tromans.***

Burns Unit Move

You may remember that in the last newsletter we told you that the Burns Unit was moving to a new home. We were all set to move in December this year, however building delays mean that this is now postponed until next February. Planning for the move is continuing and by the time you get the next newsletter, we will have moved.

One consequence of the move is that the Tissue Support Clinic and B.U.G.S. will move to the new plastic surgery outpatients department, which is also moving and will be underneath the new Burns Unit. Telephone numbers both for the Burns Unit and B.U.G.S. will also change. If you attend the Tissue Support Clinic and/or B.U.G.S. look out for the notices and information we will be giving out nearer the time when you attend.

Our new websites!

Yes, you can now find us on the web! Our local website is www.thelocalchannel.co.uk/bugs and our bigger one can be found at www.bugssalisbury.co.uk. This has involved an enormous amount of work and we are particularly grateful to Rudy Peleman (a friend and colleague of Jenny and Julia's on the Burns Survivors Association committee) who has been wonderfully helpful by creating our www.bugssalisbury.co.uk website and making the whole thing possible. Do visit the sites!

Fairs and a Fete

June was a month when we were out and about around the region. For the second year running B.U.G.S. was invited by the Droxford Fair committee to run a B.U.G.S. stall at their fair on Saturday 4th June and the stall was kindly sponsored again by Mrs Gammie. This year we were selling our new merchandise, and, as before, we were given a wonderful welcome and lots of support, particularly from our sponsor. The new B.U.G.S. umbrellas came in handy for sheltering under when the heavens opened! We are most grateful to be chosen again as the fair's charity.

On Friday evening of 17th June, two of us were to be found busily setting up our stall in Salisbury ready for the Christian Aid morning the next day. We are very grateful to Sheila Wills of Christian Aid for inviting us to join them, and for her help and warm welcome. We had an extremely successful time, not only selling our wares, but spreading the word about B.U.G.S. You can find a photo of our stall taken that morning by visiting www.bugssalisbury.co.uk!

On 25th June B.U.G.S. were also invited to be part of the village fete in Bemerton, Salisbury, where the theme was V.E./ V.J. day. Our stall was strategically placed and many people in 1945 clothes visited our stall, including Captain Mannering from "Dad's Army"! The event was fun, as well as successful and B.U.G.S. became better known in that area of Salisbury, thanks to a very generous committee.

As a result of the Christian Aid Fair, we have been invited by Cancer Research UK to hold a stall at their fund raising morning in The Guildhall in Salisbury on Saturday 5th November. The doors will open at 9am, so please come and say hello if you are in the area!

Please contact Julia on the hospital number if you are holding an event where B.U.G.S. could have a stall.

Merchandise

You might like to know the cost of the items we now hold in stock, and you can see those on the new website too. Costs are below:-

Umbrella	£10	T-shirts	£5
Baseball hats	£3	Mugs	£3
Biros	£1	Key rings	£1
B.U.G.S. Badges	£1		

We hold a stock at the B.U.G.S. drop in point in the Wessex Rehabilitation Centre during each Tissue Support Clinic.

Vince's Ferrari Experience!!!!

As we told you in the last lucky winner in the Silent at Thruxton' voucher given to



Airport. Vince promised to tell us all about it, so here is his report. On a bright sunny April afternoon it seems he had a great time! After an initial presentation -

Newsletter Vince Keavney was the Auction for the 'Drive a Ferrari 355 us by the Firemen at Southampton

".... the best part of the afternoon! To get into the cars and onto the track! For the first 3 laps of the circuit I was taken out in an M.G.ZR with an instructor at the wheel, making me familiar with techniques of taking corners at speed, the rules of overtaking and when to brake and accelerate.

Having taken in this information it was then my turn to take the instructor out in the same car for 3 laps, so that he could assess if I was ready to drive the more powerful Ferrari. I decided not to scare the living daylights out of him just yet and to reserve my impersonation of Michael Schumacher until I was actually behind the wheel and driving the Ferrari!

The choice was between a red or yellow car – I chose the red, as I always think of red as the traditional Ferrari colour. I was given 6 laps to experience the drive of a lifetime and was not disappointed! From the start the power was obvious and the handling and acceleration was what you would expect from a car costing £100,000. The 6 speed gate type gear box took some getting used to and for the first 2 laps, when changing down and up as I took the corners, most of the time I was guessing what gear had been selected. As we continued around the track the instructor told me that I had just taken the last corner in 6th gear, which takes some doing, although I think he said it with as much disbelief as admiration.

As I adjusted to the controls and responsiveness of such a fine car the next few laps were spent in enjoying driving around the circuit. After finishing the 6th lap I asked the instructor what speed had we done, as I did not dare to take my eyes off the track, and apparently we were topping 100mph on the straight bits and 60 mph on the bends. It was a great feeling to have driven a Ferrari and it certainly got the pulses racing and the adrenalin flowing!"

Vince then drove a formula 3 Renault, strapped in very tightly and only inches from the ground. He finished the afternoon with the treat of one last lap labelled the "fast lap" in a M.G.ZR with the instructor driving...at speeds of 80mph on the corners and to its limits on the straight – bottoming out the suspension in the process!

At the end of the day he was presented with his report card and found he had an assessment score of over 80%!! Well done Vince. We are so pleased you enjoyed yourself. Thanks also to Blue Watch of the Southampton Airport Fire Service for the initial gift.

Future Fun Failed!

In the Spring Newsletter we advertised 2 events for the children. One was a party with Jonathon Jester for the younger children. The other was an activity day at Calshott Activity Centre for the teenagers where we had organised wall climbing, archery and other activities. Sadly, both events had to be cancelled through lack of support.

Foundation Trust Status for SDH

With this Newsletter you will find information about the plans Salisbury District Hospital have to apply to become a Foundation Trust Hospital. Please note, as you read it, that patient membership will be made up of people from outside the catchment area (or their cares) who have been treated in the Trust's specialist services since January 2003, this includes the burns service. Public members will come from 6 geographic areas which reflect the Trust's general and emergency services catchment area. Public meetings are planned if you need to know more.

Donations

The B.U.G.S. committee are extremely grateful to all those of you who give so generously both financially and of your time. The money you raise helps us to do all those things that we are involved in such as the information video and booklet that are nearing completion, and providing grants for various ways of helping people who have been burned. The ways in which you raise the money is varied and interesting, and we are glad to be able to share some of those with B.U.G.S. members, but we also are aware that many of you would rather not be acknowledged publicly. We are as grateful to you as to the others. Below are some of the ways money has been raised.



Quite a run!!

Stuart Carpenter, one of the Firemen at Southampton Airport generously chose to donate the £1,000 sponsorship money that he raised by running the 3 Peaks Race in June to B.U.G.S. This was not only a phenomenal achievement financially, but was a huge physical achievement as well! Those of you who don't know about the race, it involves running up and down 3 mountains within 24 hours! They run up Ben Nevis, Snowdon and Scafell Pike. There is no time for sleep, and the runners are

reliant on brilliant drivers to get them from mountain to mountain! So we thank Stuart for his kind donation, and also congratulate the whole team on an amazing effort. *"It was a gruelling few days but well worth it" Stuart said, "The whole event took a lot of planning and preparation but I was assisted by colleagues and my dad,(who had just turned sixty). We managed to achieve a silver medal as our time was around the 22hr mark but the main thing was that we completed within the 24hr time allowed. We are all proud of the total money raised and hopefully it will be enough for two children to attend the Children's Burns Club. Special thanks go to everyone who donated and to my dad who managed to raise most of the total amount."*

A great day out – for us!

Earlier this year 3 of the B.U.G.S. committee were invited to the ExxonMobil Refinery at Fawley by the Fire and Response Group (FRG). Some of the FRG members donated their 2004 safety award money towards the grants B.U.G.S. provides to send children to the National Burned Children's annual camp. The B.U.G.S. team were given a great welcome and had a fascinating time being shown around the site before receiving the generous cheque. B.U.G.S. has had good contact with Jim Rowsell and his team for some years now. As Jim says they... "appreciate the confidence building opportunity the summer camp provides for the children, both physically and psychologically. It gives them some much needed fun and enjoyment with children in a similar situation."

Camp next year is from
August 13th to 20th

A Volunteers Memory of the 2005 National Burned Children's Summer Camp

James was one of the 2 Volunteers who went to Camp this year with some sponsorship from B.U.G.S.

"This year I was lucky enough to be allowed to travel up to Grafham Water Centre as a volunteer for the National Burned Children's camp week. Expectations were that the week would be action packed with loads of different activities and great fun, and they were not wrong.

I travelling up to Grafham Water Centre on the Saturday and found some volunteers and children were already there. The first evening was spent meeting everyone and making sure the children were all alright, which they were, and most completely over excited. Throughout the week we were split up into four different groups depending on ages, each group doing all the activities. The activities included sailing, kayaking, high ropes, archery, speed boat driving and go- karting.

Fears were cured, especially on the high ropes, and everyone did not have a worry in the world apart from having fun. The most enjoyable afternoon was spent with the fire engines mid week, when the Fire Brigade visited. The highlight being the engine from Stanstead Airport and five others, along with the 20m high slide.

Each evening was spent playing countless games of football and discos, however exhaustion normally took over.

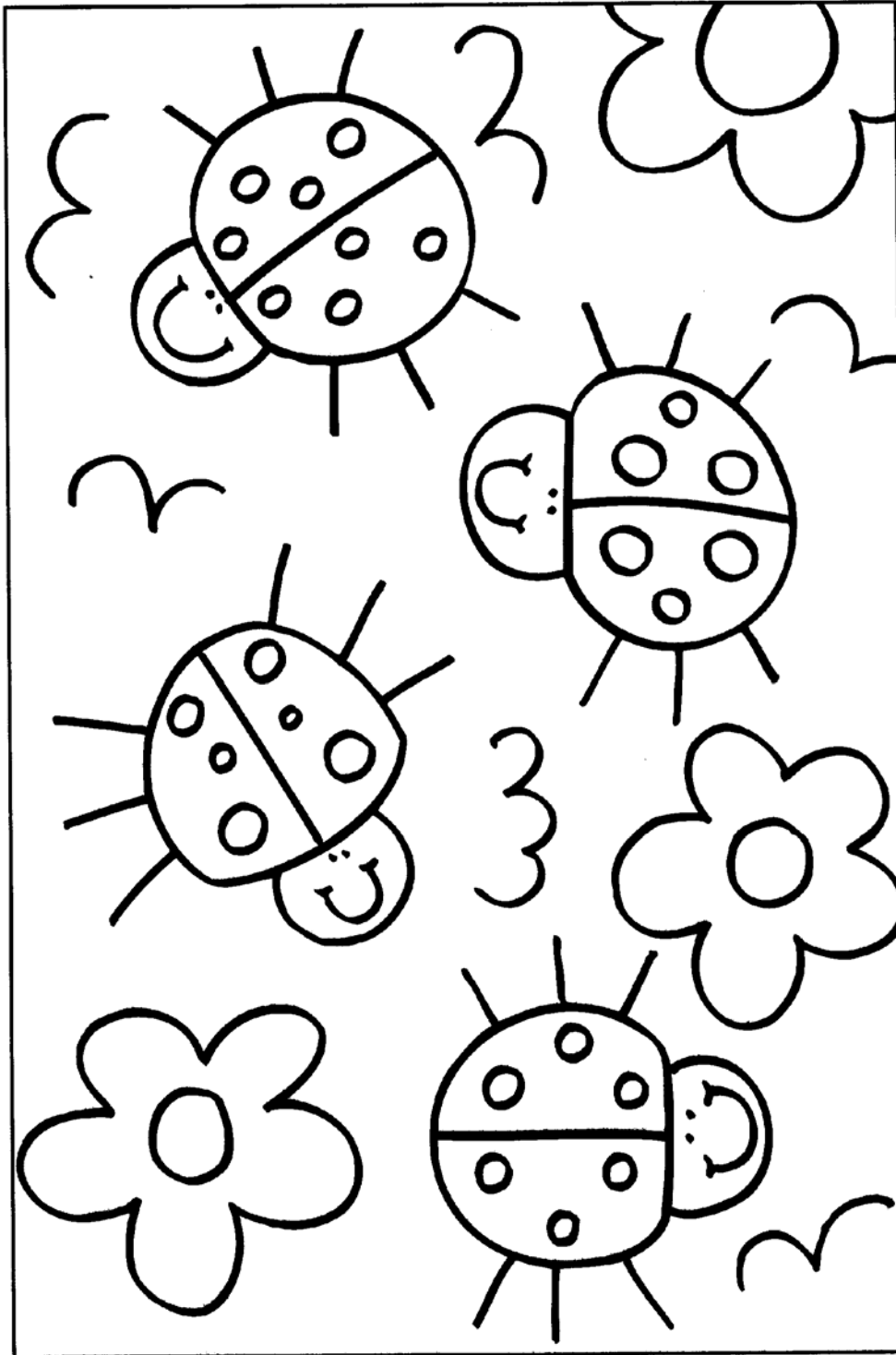
Even though the days were so full enthusiasm was endless and many friends were made and reunited. All the volunteers had a great time and so did all the children I think. James

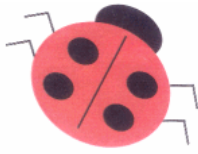
The National Burned Children's Club Families Weekend Camp

This year for the first time a family from our part of the country went to Grafham Water Centre for the Families Weekend Camp.

Picture to colour in

Here is a picture to colour in. If you would like to send it to us we would love to see it. Have fun!





B.U.G.S. – Discharge Form

The B.U.G.S. Committee hope you find our mail shots interesting and informative. B.U.G.S. has grown and expanded encouragingly since our launch in May 2000 and, as you will have noted in our last few newsletters, we have been busy! We are becoming known to a wider number of people and have been encouraged by the feedback and support we have received. If you do not want to receive the Newsletter any more, we will remove you from our database.

When we see you at Clinic we record notes of what you tell us on our card index. This makes it easier for the volunteers and the staff to help you each time you come. However if you do not want us to keep these notes we will not do so. Therefore please read the notes below and complete the form if necessary.

- 1. If you are happy for us to record notes on the Card Index and you wish to stay on the mailing list – Do NOT complete either Section below or send the form back.**
- 2. If you do not want to receive any more information from us please tick the box in Section A below, complete your name & address details, sign it and send it back to us.**
- 3. If you do not want us to record notes on the Card Index but you do want to stay on our mailing list, then please tick the box in Section B below, complete your name & address details, sign it and send it back to us.**

Many thanks.

Section A

I/We do not wish to receive any more correspondence from B.U.G.S. Please remove our records from your database and card index.

Child's Name (where applicable)

Name

Address

.....

.....

Signature:

Date:

Section B

I/We want to continue to receive correspondence from B.U.G.S. However, please do not keep any notes on the Card Index

Child's Name (where applicable)

Name

Address

.....

.....

Signature:

Date:

Send to: B.U.G.S. (Burns Unit Group Support), The Burns Unit, Salisbury District Hospital, Salisbury, Wiltshire SP2 8BJ