



Registered Charity No:052284  
B.U.G.S. Fund Number 1223

## Salisbury District Hospital B.U.G.S. Autumn 2007 NEWSLETTER

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Find us at: [www.bugssalisbury.co.uk](http://www.bugssalisbury.co.uk)

### The FAB Camp 2007

Last May Oliver attended the 'FAB' Camp at Brenscombe. The camp runs from Thursday evening to Sunday afternoon during the May Holidays. Jenny went down to visit Oliver and the camp on the Friday and had as good a time as she did last year. She was amazed that many of the children whom she had met last year remembered her. She was given a great welcome, as was Oliver. He thoroughly enjoyed his 'holiday' and sent B.U.G.S. the following thank you letter.



### The National Burned Children's Camp.

During the summer holidays another child went to the camp in Cambridgeshire and had a happy time. B.U.G.S. will be offering the

same opportunities next year so watch out for the information in the Spring Newsletter. The opportunity to attend either camp is open to all children between the ages of 8 – 18. It is a good way for children who have been unfortunate enough to have a burn accident to meet other children in the same situation and to have a great deal of fun at the same time.

If you are interested in finding out more about camp please write to Sister Janet Tromans, B.U.G.S., at the address above

### Donations

We are grateful to all our donors, for without their interest and involvement we could not do all the things that the B.U.G.S. volunteers now do. You might be interested to know about some of the things the committee and volunteers are doing at present.

As well as compiling and dispatching this Newsletter; visiting the Unit and being available at Tissue Support Clinic, we make up packs of emergency toiletries which are given to people who arrive at the Unit with nothing. As mentioned in the last Newsletter, we are putting together a Welcome Pack of information for patients and their relatives.

We are about to publish a booklet for Parents, along the same lines as the original "B.U.G.S. Booklet for Adults – You are leaving Hospital....What now?"

Additionally, amongst other things, a member of the committee is involved in helping to make the view from some of the Unit windows better.

## **New DVD and CD Rom**

Eric Talbot - Battings, who helps with Radio Odstock, the Hospital Radio Station, has kindly donated two discs for In Patients to listen to on the DVD Player in the B.U.G.S. Quiet Room.

The B.U.G.S. Quiet Room was installed in the new Unit by a very kind donor. It provides a sanctuary where patients can go to get away from the ward environment and listen to music or just be quiet.

## **Priestlands School Sponsorship**

B.U.G.S. was lucky enough to be chosen by Year 7 of Priestlands School, Lymington as their charity for the School Year, 2006/2007. B.U.G.S. enjoyed liaising with the teachers and pupils very much. On a lovely summer's day in July Julia drove to the school to collect the presentation cheque from Year 7. What a fantastic cheque it was! The children had managed to raise the huge sum of £1, 546.68. Amongst other things they held a B.U.G.S. 'charity week' in May where they sold lots of B.U.G.S merchandise and other ladybird items.



Seen here with Julia in her B.U.G.S. Tabard.  
Head of Year, Miss Angela Morton  
Pastoral Support Manager, Mrs Margaret Hatfield  
Pupils, Harry and Eleanor Dolbear

## **Power Point Projector**

The committee are often asked to give presentations about B.U.G.S.; to explain why they were established and what they do. This is such a good way to educate people about what the experience of a burn injury really means and is often accompanied by a donation. Many groups do not have a Power Point facility. The committee felt that a Power Point projector would help tailor each talk to its audience.

Recently the Guernsey Aero Club raised funds specifically for a Power Point projector. The B.U.G.S. Committee are very grateful to the Club Membership for the donation which was nearly £600.00. It was raised following a talk by Rob and Dave who were involved in a serious aircraft accident.

The projector has already been bought and put to good use.



A group of flyers with their instructor in front of a Piper Warrior aircraft at the Guernsey Aero Club.

## **Hampshire Fire & Rescue School**

At the end of August B.U.G.S. was invited to attend the Trainee Certificate Presentation of Course T1/07 at the Hampshire Fire and Rescue Service Headquarters. The guests, including families of the trainees and Jenny watched a demonstration of some of the skills the trainees had learned. Afterwards everyone gathered in one of the huge garages for the presentation. The course is only 15 weeks and amazingly, during that time the trainees had not only managed to learn all the theory, get fit and learn what to do in the

event of an accident, but had managed to raise money for three charities of their choice. They did this by 'climbing Everest' up and down the extended fire ladders on the hottest day of the year!

After receiving their certificates three of the trainees distributed cheques to the three charities. Jenny was presented with a cheque for B.U.G.S for £630.29.



The front cover of the programme

## BSA supports B.U.G.S.

The Burns Survivors Association (BSA) Treasurer Rudy Peleman, travelled all the way from West Wales to be present at the B.U.G.S. Annual General Meeting at the end of April.



He presented a cheque to B.U.G.S. to support their work. Dr. Frank Harsent, the Salisbury Hospital's Chief Executive was on hand to

watch the presentation of the cheque. Sadly the BSA is no longer in operation. The BSA Trustees acknowledge the support B.U.G.S. gives and gave a portion of their closing balance to B.U.G.S to assist their work.

## What is Skin Camouflage?

It is a means of improving the appearance of scarring and disfiguring skin conditions.

### How does it work?

By the application of specialist cover creams which provide effective, long lasting, waterproof cover to disguise the disfigurement. The creams, developed from theatrical make-up, are matched to the colour of the surrounding skin and applied to the affected area so as to cover the disfigurement.

### Which skin conditions?

Some of the more common conditions are vitiligo, rosacea, birthmarks, scars, tattoos, leg veins – and burns.

### Who does it?

Volunteer practitioners, trained by the Red Cross, first show the patient how the creams are applied and then get them to do it for themselves. The creams can be obtained on NHS prescription.

### What about burns?

Scarring from burns can really benefit from Skin Camouflage because, even if the scar tissue is uneven in texture, the creams can often make the scar less obvious.

### Why do I do it?

The people who come to see me are often apprehensive about facing the outside world. Using Skin Camouflage helps them to regain their self-confidence. When I see someone's fear transformed into newfound confidence, my day has been really worth while!



Dorothy

Dorothy Maclachlan  
Skin Camouflage Practitioner  
British Red Cross  
Salisbury District Hospital

## New people at B.U.G.S.



Recently Lisa Dye joined the B.U.G.S. team to help with some of the administration. She tells us that she moved to Wiltshire in December 2005 having lived in London all her life.

She worked as a Project Administrator for an IT company in London for 7 years, and then moved to the South West London & St George's Mental Health NHS Trust. She worked there as a P.A. with a Community Drug and Alcohol Team.

She is a part time Reiki Practitioner and spends some of her time as a volunteer helping the Wilton Group of Riding for the Disabled.

Lisa likes to keep busy so has also started training to become a massage therapist, and to be able to use her Reiki skills on Animals.

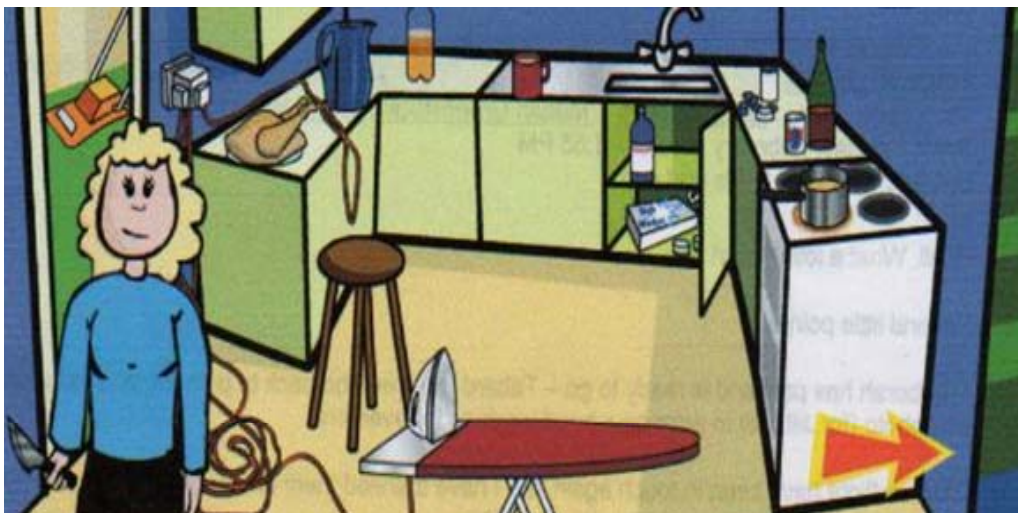
## Puzzle

Can you find the Burns Hazards in the two pictures below.

(there are 14 hazards involving burns and 20 hazards in total )

Ref: [www.welltown.gov.uk/home/kitchen.htm](http://www.welltown.gov.uk/home/kitchen.htm)

There are 5 burns related Hazards in the sitting room



There are 9 burns related Hazards in the kitchen