



Registered Charity No:052284
B.U.G.S. Fund Number 1223

B.U.G.S. Autumn 2008 NEWSLETTER

Salisbury District Hospital

To contact B.U.G.S. write to: **B.U.G.S.** c/o Sister in Charge,
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Find us at: www.bugssalisbury.co.uk

Dates for your Diaries

Saturday, October 11th - Musical Workshop for children 8 – 14
Friday 7th November - B.U.G.S. Stall in the Front Hall of SDH
Wed 3rd December - B.U.G.S. Stall at Winchester Christmas Market

Hullo from the Chairman



Volunteers preparing to send you your Newsletter

It has been another year when we have been amazed by the generosity of people who have gone out of their way to raise funds for us. Rob Le Page describes a fund raising event arranged by the Guernsey Aero Club during July. There have been other events which may be less dramatic, but still important to us, as they provide additional funds. The fact that people go to so much trouble to help the committee in this way makes us more determined than ever to carry on the work that we do. For instance, this year we have published two books. I told you about the Booklet for Parents in the last Newsletter, but we now have a story book for little children about 'Bugsy' (of course!). Bugsy has to go to the BUGS hospital because he got burned. Read about the book further on in the Newsletter.

We have provided a grant for the Clinical Psychology Department to employ a Clinical Psychologist who will carry out a year's project in the Burns Unit. We are planning to introduce another service to the Unit – Hand Massage. We hope this pampering idea will help alleviate some of the distress people suffer while in hospital. The committee are also delighted that three children applied to attend the National Burned Children's Camp this year. You can read about how one of them, who had not been to camp before, found the week's experience.

So, you can see that we have not been idle during the summer. I hope you enjoy reading the Newsletter.

Best wishes from

Jenny



Fly away to St. Brieuc in France for the B.U.G.S. Skydive

Rob Le Page, a previous burns patient, coordinated this event to raise funds for B.U.G.S. Rob writes:- What started out with a glass of red wine at the Guernsey Aero Club and an ambition to do a Skydive and raise a few pounds for a charity led to 4 people doing a skydive jump.



Jenny flies high for B.U.G.S.

The team, Jenny Le Prevost, Russell Bailey, Rachel Trelfer and Alison Hearn were to be the Skydivers for the day. After months of planning for the event, on Saturday 26th July at 06.30 there was thick early morning fog. At 09.00, twenty Guernsey Aero Club members and friends dealt with ‘pre-flying’ the 5 aircraft, filing flight plans etc, but fog in the near vicinity making it ‘below limits’, led to a further delay. By late morning suitable limits were reached and all five aircraft set off in quick succession for the airfield at St Briec in France. On arrival the 4 skydivers had a 30 minutes training session, whilst others dashed to the supermarket to collect sandwiches, doughnuts, and soft drinks for lunch.

Russell and Rachael were to go first. They were whisked out to a Cessna 206 in their jumpsuits and taken to 12,000ft, which took 20 minutes. On the ground the onlookers waited in suspense, armed with still and video cameras.

Out they came from the aircraft, together with a camera man. Initially they were free falling for 35 seconds then the chutes opened and they glided gently down to the grass area ‘land side’ behind the Terminal. On landing Russell and Rachael were ecstatic, to say the least. Jenny and Alison were next to jump. They too were ecstatic and it was marvellous being there to witness the event.

All 4 had the ‘biggest’ smiles we have ever seen for hours. All wanted to do a second jump as they had enjoyed it so much, but they had to return to Guernsey. After the successfully returned to Guernsey where there was ‘debrief champagne’ and a chance to view the photos and video’s of the day’s events.

Funds continued to be raised in a Celebration Dinner at the Aero Club on the 9th August. What a marvellous evening that was. It was very well organised, starting with pictures of the Skydive event projected on a ‘big screen’ as people arrived

for pre-diner drinks. A 3 course meal followed with Hors d’oeuvres, Lasagne served with salads, French bread & chips, and a selection of marvellous deserts.

Then there was a raffle, an amazing auction, and a very professional 30 min film showing all the photos and videos of the event.

So many people were involved in the event it was difficult to mention and sincerely thanks them all, but Jenny Le Prevost was singled out due to her exceptional enthusiasm, organisation and catering skills. She was presented with a huge flower arrangement and photos of her skydiving at 12,000ft. **The end result of the fund raising Skydive and the evening events is provisionally over £5,000. This will be presented to B.U.G.S. What a fantastic effort by Club members and friends!**

UV Swimwear



We have been donated some UV protective swimwear for children up to the age of 11. Examples can be seen above. This is stock left over from a company called Kulakit which is closing down. The owner Clare Pay has generously offered any she has left to B.U.G.S. to give away. There are a few from age one year up to age 11. If you are interested please get in touch with Jill Boggis 01794 301461

Yet another new B.U.G.S. Booklet

Following the success of our first booklet for Adults, we compiled a sister booklet for Parents which was launched at the 2008 AGM. It has



Launching the second B.U.G.S. Booklet at the 2008 AGM

to be very helpful.



‘Bugsy flies again’

That booklet gave Jenny the idea of writing a story book for children about ‘Bugsy’ the ladybird, and how he recovered from a burn injury with the help of his friends. The first run of this publication is being sponsored by the skydivers above. We were fortunate to have the illustrations donated to us by Anne Humphreys, who painted them. ‘The book will be given to little children in the Unit and sold on our stalls to help raise more money’, says Jenny.

Talking of Ladybirds, did you know:-

There are nearly 100 species of ladybirds found in Europe and about 40 of these are resident in the British Isles.

The National Burned Children’s Camp 2008.

As usual this camp was at Grafham Water in Cambridgeshire – see ‘Grafham Water Centre’ on the net for more information about it. See also www.burnedchildren’sclub.org.uk. This year we were able to send three children. One of them writes:-



Evening chatter at the National Camp

“This was my first year at camp. I am 14 years old and this was the longest time that I had been away from home. I was really excited about going, but I had met two of the other childre, before which helped. Mum & I had a long drive and when we

got there we had a cup of tea. When I saw my room, it had bunk beds. I choose my bed, which was the top bunk. Later, when mum had left I met the other two boys who I sharing with. One was a real chatterbox! We had a lot of late nights. The thing I liked about camp were the outdoor and indoor activities, especially the games after supper. During the day we were mostly outdoors doing lots of different activities. I liked windsurfing the most. On the Thursday we went to a theme park which was good fun. There was a show about a brown bear. We also went go carting and had a disco. The food was good (lots of chips). I made loads of new friends and one special friend.

Please can I go again next year?

Love Billy”

NHS 60th Celebrations Service at Westminster Abbey

As part of the 60th anniversary celebrations of the NHS the Department of Health organized a special service at Westminster Abbey in July to celebrate the achievements of those who have contribute to the NHS over the last 60 years. Staff, stakeholders and patients were included.

NHS South West was granted 122 places and 3 people were chosen to represent Salisbury District Hospital. Julia Chute (our Vice Chairman) represented over 600 volunteers at SDH, and B.U.G.S., of course. She writes “It was a wonderful service with beautiful music and an interesting gathering of people involved with the NHS. Prince Charles, Gordon Brown, ministers of health (past and present), and others were present, and at the reception afterwards Ann Keen and Alan Johnson, present Ministers of Health spoke and then Lesley Garrett belted out a song!”



Julia with her programme outside Westminster Abbey

Southampton Airport Fire Service I-Volunteer Awards

Part of British Airways Authority's community relations strategy is to encourage staff to develop key skills and become active local citizens through volunteering.

The I-Volunteer Awards were launched in September 2006 and were open to all BAA and subsidiary employees who had volunteered or fundraised within the previous 12 months.

"In the eight weeks the campaign ran nearly 250 applications were received, that's a 25% increase on last year's total. We have received almost 600 applications in the three years since the awards began, which shows how important volunteering is to our staff. The awards are funded by BAA's Communities Trust which donated almost £100,000 to employees for their deserving charities and projects"



James Munn and Paul Abbot involved in I-Awards

"This is the fourth year the Trust has supported the I -Volunteer Awards and I-Volunteer has donated nearly £300,000 towards the causes our employees care about."

There were six categories, the winner of each category received £5,000, those who were highly commended received £2,000 and every applicant received a donation of £200. The awards will be an annual event to show BAA's support and commitment to volunteering.

Paul Abbott, Southampton Airport Fire Service

Janet and Barbara move on



In June one of the founder members of B.U.G.S. decided to move onto a different chapter of her life. Janet Tromans has been involved in burn care for fifteen years and became Sister in Charge of the Old Unit in 2000, undertaking the complex move to the new Unit in 2006. It was her long sighted

ability to see an alternative way to provide additional care to that provided by the nursing staff that led to the establishment of B.U.G.S. She has helped it develop from a core of four people sitting over a cup of coffee with a handful of pennies to play with into the wide ranging support network it is today.

She is missed enormously by the B.U.G.S. Committee, and by the Unit, but is enjoying her new life style walking her puppy. Maybe one day she will return as a lay volunteer.



Barbara has also decided to 'retire' as a B.U.G.S. volunteer. She was one of our first volunteers, starting when she retired as a burns unit nurse. We miss her too.

Becoming a Practice Development Unit (PDU).

B.U.G.S. has been involved in the Odstock Centre for Burns, Plastic and Maxillo-facial Surgery becoming a Practice Development Unit,(PDU) accredited by Bournemouth University. This accreditation was awarded by the after their representatives attended presentations at SDH on 16th July. To achieve PDU status the centre had to demonstrate how it worked and develop practice. This was assessed against specific criteria which involved the submission of a lengthy document which provided evidence for these criteria.

B.U.G.S. was able to contribute in a number of ways; by explaining how the patient information booklets had been developed, by demonstrating how the centre has a partnership with other agencies, which helps in providing seamless care and by being present when the site visit took place by the assessors from Bournemouth University

The assessors were very impressed with the work of the PDU, in how it was able to show what it did well, as well as acknowledge that there are areas of practice that need to be improved and developed. The role of B.U.G.S. was of particular interest to the assessors who were impressed by the range of support that the volunteers provided.

It is particularly good news as there are only about 50 accreditations in the country at present. Representatives from B.U.G.S. attended the presentations which certainly indicated that B.U.G.S. is part of an excellent team!