



Registered Charity No:052284  
B.U.G.S. Fund Number 1223

# B.U.G.S. Autumn 2010 NEWSLETTER

## Salisbury District Hospital

To contact B.U.G.S. write to: B.U.G.S. c/o Sister in Charge,  
The Burns Unit, Salisbury District Hospital, Salisbury, Wilts, SP2 8BJ.  
or Telephone: (01722) 345507  
Find us at: [www.bugssalisbury.co.uk](http://www.bugssalisbury.co.uk)

### E-NEWS

From Spring 2011, members will be able to receive their copy of the newsletter by e-mail. To be added to the mailing list to receive your newsletter by e-mail, please e-mail your request to [bugs.newsletter@salisbury.nhs.uk](mailto:bugs.newsletter@salisbury.nhs.uk)

Please note that any other correspondence with B.U.G.S is in the usual way, via the Burns Unit at Salisbury Hospital.



**Dates for your Diaries**  
**Front Hall Stall, SDH**  
**Wednesday November 17th 2010,**  
**Winchester Christmas Market Charity Stall**  
**November 30<sup>th</sup> 2010**

### Hullo from the Chairman

In May this year B.U.G.S. celebrated ten years of helping both children and adults come to terms with their burn injury and three of the founder members were able to be together at the AGM.



Founding Members; Janet Tromans, Jenny Collings and Julia Chute at the 2010 AGM

B.U.G.S. has been well supported with donations and practical help over those years, so the committee decided to hold a small celebratory party in May to thank those who have helped B.U.G.S. and, at the same time, to mark the event.

The volunteers were able to provide the venue and the party 'eats'; Savills very kindly donated the cost of printing the invitations, while a raffle offset the cost of the wine. So the party was no drain on funds and everyone seemed to enjoy the occasion.



Jenny & Julia with Burns Unit Director Eunan Tiernan

*So, what has B.U.G.S. achieved during those ten years? The list makes interesting reading.*

A quiet room; An improved outlook from Unit; An improved outlook within the Unit; Reclining beds for parents; Storybooks for children; Information books on recovery from burns for Adults and Parent and An Information Video.

*The list goes on!* Emergency packs of toiletries; Buggies for children; Hand Massage by a qualified

practitioner; Funding for a part time clinical psychologist for a year; A Website and a Newsletter twice a year.

*And yet more!* Discretionary Grants for Adults; Grants for children to attend peer support Camps; A Conduit for other International peer Camps; Peer support through children's parties, outings and workshops; Adult support through formal meetings.

*Last, but not least.* B.U.G.S. Volunteers who have an understanding of a burn injury visit the Ward and support Outpatients.

Unexpectedly, in June the Salisbury Waitrose Store chose to support B.U.G.S. by donating a share of their Community Fund. This was a very pleasant and helpful surprise! It was not only financially rewarding, but a good publicity opportunity

This year B.U.G.S. funded three children to attend The National Camp in August. In their post camp questionnaires the children all told us that they had had a great time, and one has asked that 'please could we make it longer'!! They met up with friends from previous years and benefited from the peer support. They all want to go again next year!



Just to prove that we do keep pace with the times I am able to tell you that thanks to our secretary, from next Spring we plan to enable you to receive our Newsletter by e-mail if you so wish.

Before we know it Christmas will be here. Julia has arranged our two stalls in November again, one in the Main Entrance at Salisbury District Hospital on Wednesday, 17<sup>th</sup> and the other in the Charity Chalet at Winchester Cathedral's Christmas market on 30<sup>th</sup>. (See our website for more details.) We hope you will be tempted by all our ladybird merchandise and we look forward to welcoming you.

The best of wishes from  
*Jenny*



### Walk in the New Forest

In September Jenny went to meet a group of walkers as they returned to the High Corner Inn Linwood in the New Forest. Everyone, including the children, looked happy and had a rosy glow on their cheeks as they arrived back at the Inn, ready for a slap up lunch! Their leader writes:-  
"Esso Fawley Refinery's 'Healthy Living Group', have for the last three years organised a Charity walk and for this year's event they had the pleasure of sponsoring B.U.G.S. The location of the walk was The High Corner Inn at Linwood in the New Forest. The Forestry Commission



Meeting at High Corner Inn

Ranger's led two walks through this beautiful area and explained how the Forest is cared for and highlighted the different kinds of wildlife and vegetation to be found. The walks were enjoyed by a good cross section of Fawley Refinery's workforce who attended the event. It was exciting as two smooth snakes were spotted together by the Rangers, which is said to be a very rare occurrence!"

Jenny was able to thank them and explain a little more about what B.U.G.S. does.

### Swimathon

Saffron, who is thirteen, has written to tell us that:-  
"I wanted to raise money for B.U.G.S because of what they have done for me in the past. Me and a friend Chloe baked cakes and [we did] a sponsored swim, I managed 100 lengths in a 1hr and 45 mins. As a total we raised £200 and spilt it in half for cancer research and B.U.G.S. I hope that my money will help people who are in the same situation as I was in. Thank you."

The committee were so thrilled to hear that Saffron had been kind enough to do this swim and are very grateful, not only for the money but for the thought behind it.